

# YEAR IN REVIEW

Adios 2025. Helllooo 2026!

THINGS I  
*loved*

THIS YEAR:

THIS WAS THE *hardest*:

FAVORITE MEMORY

→ *Find a way to let go...*

HELPFUL WAYS I DEALT WITH THE HARD STUFF

# GOALS

*Friendships:*

*School:*

*Body:*

*Mind:*

SUPERPOWERS NEEDED IF

*I am*  
GOING TO DO THIS!

WHEN I WANT TO GIVE UP

*I will*  
DO THIS:

Take a pic & set a reminder to revisit your goals this summer!