

THINGS I

loved

THIS YEAR:

THIS WAS THE *hardest*:

→ Find a way to let go...

HELPFUL WAYS I DEALT WITH THE HARD STUFF

GOALS

Friendships:

School:

Body:

Mind:

SUPERPOWERS NEEDED IF

I am

WHEN I WANT TO GIVE UP

I will
DO THIS:

Take a pic & set a reminder to revisit your goals this summer!