

YEAR IN REVIEW:

ADIOS TWENTY EIGHTEEN. HELLO TWENTY NINETEEN

THINGS THAT

ROCKED

IN 2018!

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FAVORITE ADVENTURE

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THINGS THAT

SUCKED.

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BUH BYE!

WRITE THIS DOWN
ON TOILET PAPER
AND **FLUSH IT!**

HELPFUL WAYS I DEALT WITH THE SUCKAGE:

2019 GOALS

RELATIONSHIPS

WORK/SCHOOL

HEALTH

SPIRIT

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HOW THE HECK

I AM

GOING TO DO THIS!

WHEN I WANT TO GIVE UP

I WILL

DO THIS.

TAKE A PIC AND SET A REMINDER TO LOOK AT IT AGAIN SUMMER 2019!